

# Feel the joy of Noom at *no cost* to you.

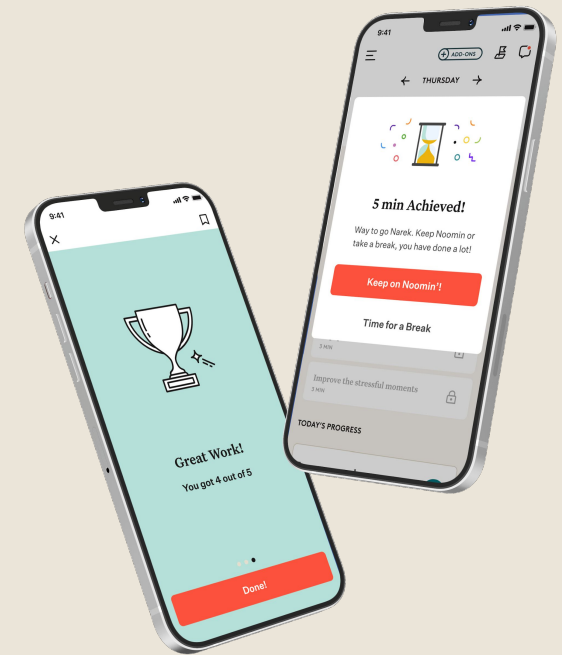
## GO BEYOND WEIGHT LOSS TO ACHIEVE A HEALTHIER YOU

- Psychology-based behavior change that inspires healthier routines
- Bite-sized, personalized lessons make it easy to fit Noom into your schedule
- One-on-one coaching, peer support and digital tools keep you on track and going strong



Noom is a free for all benefit eligible employees!

Scan code to get started today or visit  
[go.noom.com/brightspringhealthservices](https://go.noom.com/brightspringhealthservices)



**NOOM**



**BRIGHTSPRING**  
HEALTH SERVICES

# Feel the joy of Noom at *no cost* to you.

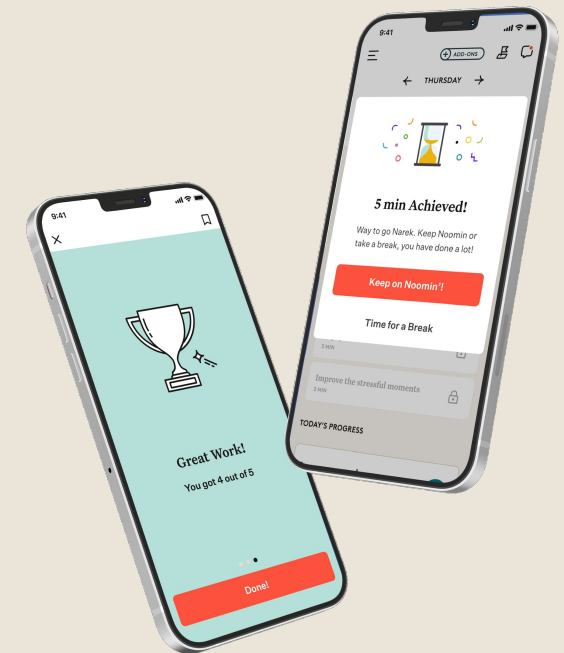
## GO BEYOND WEIGHT LOSS TO ACHIEVE A HEALTHIER YOU

- Psychology-based behavior change that inspires healthier routines
- Bite-sized, personalized lessons make it easy to fit Noom into your schedule
- One-on-one coaching, peer support and digital tools keep you on track and going strong



Noom is a free for all benefit eligible employees!

Scan code to get started today or visit  
[go.noom.com/brightspringhealthservices](https://go.noom.com/brightspringhealthservices)



**NOOM**



**BRIGHTSPRING**  
HEALTH SERVICES